



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**Want to keep up to date on Altru Family YMCA group fitness class cancelations and updates? Sign up today for our Remind app groups to get updates for any class cancelations or changes that happen throughout the year.**

**The following codes can be texted to 81010 to join the different rooms:**

**General Group Fitness: @ymcagrifi**

**Water Aerobics and Classes: @yaquagf**

**Yoga: @yyogagf**