



ALTRU FAMILY YMCA 2025

# FOOTBALL ACADEMY



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## ..... ALTRU SPORTS ADVANTAGE FEBRUARY/MARCH 2026

### YOUTH FOOTBALL CAMP FOR WIDE RECEIVERS

February 15, 22, March 1

Receivers in this camp will review fundamental techniques, basic route running, and learn new skills to improve get-offs, breaks, and winning contested catches.

Sundays • 6:30-7:30 pm • Gr 2+

### QUARTERBACK CAMP

February 15, 22, March 1

QB Clinic is designed for 8th through 11th graders and is intended to refine skills and techniques learned in the fall. Players will learn drills they need to improve in their areas that are important to them.

Sundays • 8:00-9:00 pm • Gr 8-11

### YOUTH FOOTBALL CAMP FOR BEGINNERS

March 8, 15, 22

Youth Football Camps are for players in grade two through six and are designed to help develop a fundamental foundation for all of the skills needed at any position. Beginners and experienced youth players will learn and improve their skills in a fun, high-energy atmosphere.

Sundays • 6:30-7:30 pm • Gr 2+

### YOUTH FOOTBALL CAMP FOR BLOCKERS

March 5, 12, 19

Players will learn basic blocking techniques useful for every offensive position..

Thursdays • 6:30-7:30 pm • Gr 2+



**Led by former UND coach Kyle Myers.**

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