



Altru Family YMCA 2025

Holiday & Class Changes

Wednesday, December 24

Building Hours: 5:30 am – 2:00 pm

- 5:30 am Yoga is on schedule.
- All other classes are cancelled including Karate.

Thursday, December 25

The Y is Closed. Merry Christmas!

- No classes.

Wednesday, December 31

Building Hours: 5:30 am – 2:00 pm

- 12:10 Group Cycling is on schedule.
- All other classes are cancelled including Karate.

Thursday, January 1, 2026

Building Hours: 8:00 am – 2:00 pm. Happy New Year!

- 11:30 Strength is on schedule.
- All other classes are cancelled.