



ALTRU FAMILY YMCA

VOLLEYBALL ACADEMY



JULY 2025

Y Mini Gym

Coach: Ashley Stavnes

Volleyball Fundamentals

July 8 – 10

Gr 5-6	2:00-3:00 pm	Mini Gym	\$40
Gr 7-8	3:00-4:00 pm	Mini Gym	\$40

July 22, 29

Gr 5-6	2:00-3:00 pm	Mini Gym	\$40
Gr 7-8	3:00-4:00 pm	Mini Gym	\$40



Passing & Serving Camp

July 28, 29

Gr 5-6	2:00-3:00 pm	Mini Gym	\$30
Gr 7-8	3:00-4:00 pm	Mini Gym	\$30

Defensive Skills Camp

July 14, 17, 18

Gr 5-6	2:00-3:00 pm	Mini Gym	\$40
Gr 7-8	3:00-4:00 pm	Mini Gym	\$40

Contact: Adam Sorum / asorum@gfymca.org

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