## YMCA YOUTH SPORTS

### WINTER/SPRING

### **Itty Bitty Soccer**

Feb 17 - March 9 Age 3-4 Saturdays 9:30 or 10:20 am \$40 member / \$50 non-member

### **Happy Feet Soccer**

Feb 17 - March 9 Gr K-1 Saturdays 10:00 am \$50 member / \$60 non-member

### Youth Soccer League

Feb 17 - March 9 Gr 2-6 Saturdays 11:00 am \$50 member / \$60 non-member

### **Itty Bitty Basketball**

March 16-April 6 Age 3-4 Saturdays 9:30 & 10:20 am \$40 member / \$50 non-member

### Mighty Mite Basketball

March 16-April 6 Gr K-1 Saturdays 9:00 & 10:00 am \$50 member / \$60 non-member

### Karate

Youth age 6–12
Wed: 7:15-8:15 • Fri: 5:00-6:00 pm
Saturday: 11:15 am-12:15 pm
Adult 13+
Wed: 7:15-8:45 • Friday: 5:00-6:00 pm
Saturday: 11:15 am-12:45 pm
Class is ongoing.

\$25 member / \$30 non-member (monthly)

### IMPORTANT INFORMATION

#### SPORTS JERSEYS NEEDED

Youth sports **jerseys** are needed for Mighty Mite Basketball, Flag Football, Soccer, Floor Hockey and YBL. Jerseys are the same for all sports and can be reused. Purchase at Y Member Services or contact the YMCA Sports Director.

#### ITINERARY

Most Saturday sports consist of 1/2 skill practice and 1/2 playing game.

#### FINANCIAL SCHOLARSHIPS

Financial scholarship assistance is available. Application forms may be

acqured at Y Member Services.

#### REGISTRATION

Registration is available by mail, online,

- by phone, or in-house. Use separate
- registration form or register online:
- www.gfymca.org/register-now/



ALTRU FAMILY YMCA 215 N 7th St Grand Forks, ND 58203

Information is subject to change.
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02/01/2024

## **YOUTH SPORTS REGISTRATION**

<ul> <li>Choose the program(s) you are registering for:</li> </ul>	•
<ul> <li>Itty Bitty Basketball</li> <li>Mighty Mite Basketball</li> <li>Indoor Youth Soccer</li> <li>Indoor Youth Soccer</li> <li>Volleyball League</li> <li>Youth Basketball</li> <li>Itty Bitty Whiffleball</li> <li>Youth Volleyball</li> </ul>	• • • • • • • • •
Specify Desired Time: am / pm	•
Player's Name Date of Birth	
Gender Grade School	-•
Parent Name	
Phone Email	
Address	
City State Zip	_:
* I have a jersey: Yes No (Jerseys available at Y Member Services - \$18)	•
Return this form with payment to: Altru Family YMCA PO Box 13177 Grand Forks, ND 58208	•••••••••••••••••••••••••••••••••••••••
Financial scholarship assistance is available through the Grand Forks Parks & Recreation Foundation and the YMCA Partner of Youth program.	
I AM INTERESTED IN BEING A VOLUNTEER COACH	•
The generosity of others is at the heart of the Y's existence and a nonprofit. It is because of the support of volunteers and donors that we are able to support and give back to our community. Our YMCA Youth Sports program is in need of volunteer coaches to ensure the success of our programs. Please contact Caitlin Volkmann for more informaion.	•
Name Phone	
Email	•

# YMCA YOUTH SPORTS

#### WE ARE FOR YOUTH DEVELOPMENT

The Y is dedicated to building healthy, confident, connected and secure children. We believe all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are cultivating values, skills and relationships that lead to positive behaviors, better health and educational achievement.

When your child participates in YMCA Youth Sports, they learn the basics, improve thier skills and make new friends. Here at the Y, we make sure that every child gets to play and that our games are safe, fair, and most of all, fun.

### YOUTH BASKETBALL LEAGUE (YBL)

The YMCA offers a Youth Basketball League each year. We have a fall season for girls, a winter season for boys and a spring season for boys and girls. YBL is a fun program that emphasizes basic basketball skills, sportsmanship, team play and participation. As in all YMCA sports, winning is downplayed and no league standings are kept. All players will get an equal amount of playing time. The volunteer coaches and referees work hard to make YBL a fun learning experience.

YBL is in cooperation with the Grand Forks Fastbreak Club.

Fastbreak Club Mission: To provide a positive structured environment for active participation in basketball, while allowing individual athletes

to develop their skills and abilities to the highest possible level.

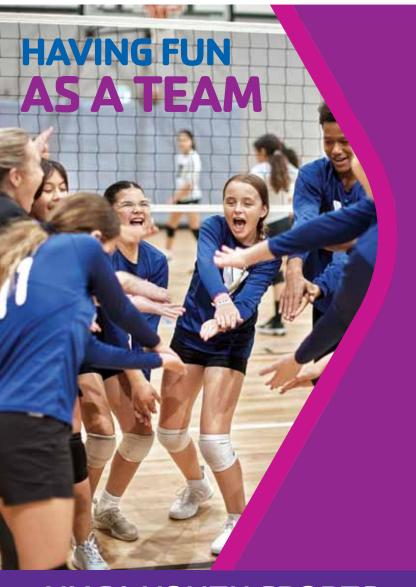
The Y Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

For more information about Y programs and services for youth, adults, seniors and special populations, visit: www.gfymca.org.









YMCA YOUTH SPORTS WINTER/SPRING 2024 ALTRU FAMILY YMCA www.gfymca.org • (701) 775–2586