

ALTRU FAMILY YMCA VOLLEYBALL ACADEMY FOR YOUTH DEVELOPMENT* FOR HEALTHY LIVING FOR SOLIAL RESPONSIBILITY

August 7, 8, 9

FUNDAMENTALS OF VOLLEYBALL

In these sessions, volleyball athletes will learn the fundamentals of volleyball and will have the opportunity to learn how to play in game-like situations.

Coach Katie Arthur Girls & Boys 6:00-7:00 pm Grade 3-5 \$30



Contact: Adam Sorum / asorum@gfymca.org

ALTRU FAMILY YMCA • 701-775-2586 • www.gfymca.org