

**Altru Family YMCA Spring Volleyball Leagues 2022**  
**Registration - Roster & Fee Deadline: 1/19/22**  
**League Dates: 2/7/22 – 4/6/22**

Come join the fun! The YMCA has volleyball leagues on Monday and Wednesday nights beginning February 7<sup>th</sup> or 9<sup>th</sup>. We will not have a social this year.

The 7-week round robin league begins February 7<sup>th</sup> and ends with a tournament involving all teams with prizes for first and second place in every league division.

**Monday Night Leagues: Power 3's & Coed 4's**

3 Person League - 3 person teams with any combination of men and women who have advanced volleyball skills and experience.

4 Person Coed League - for those with at least some advanced volleyball skills & experience.

**Wednesday Night Leagues: Coed 6's**

C Level - for those with basic volleyball skills and/or may be learning the game.

B Level - for those with good ball control and some advanced skills.

A Level - for those who have consistent ball control and advanced skills.

**General Info:**

There are several leagues so every skill level can have a good time. We offer 3 Person, 4 Person, and 6 Person Leagues. Each league has a different level of play. **Individual players can only play on 1 team per league.**

3 person teams can have up to 5 players on their roster, 4 person teams can have up to 7 players on their roster, and 6 person teams can have up to 10 players on their roster.

The cost for each team league is \$75 for a 3-person league, \$100 for a 4-person league, \$150 for a 6-person league. **Payment is due with roster by Wednesday, January 19.** Captains will be contacted regarding 1<sup>st</sup> week match times the evening before league begins. A complete game schedule will be distributed the first night of play. All leagues may have matches scheduled between the hours of 6:30 PM to 10:00 PM.

Sign-up deadline is Wednesday, January 19. Leagues are limited. Registrations accepted until leagues fill, so sign up early! **Rosters can be dropped off or mailed to the YMCA at 215 7th Street North, Grand Forks, ND 58203.**

For more information contact Erin Erickson, Volleyball Coordinator, at (701) 330-0912 or erockvb@hotmail.com or Darryl Marek, Sports Director, at the YMCA (701) 775-2586 ext 209.

**A registration form is on back of this flyer.**

**Altru YMCA Family Center**  
**VOLLEYBALL LEAGUE REGISTRATION FORM**  
Spring Leagues 2022: Begins 2/7/22 or 2/9/22

**You may register by calling the YMCA with a credit card during business hours (775-2586).**

~Please Fill Out 1 Roster Per Team Per League~

**CHOOSE A LEAGUE:**

**3 Person League:**      3's \_\_\_\_\_                      **4 Person League:** Coed 4's \_\_\_\_\_

**6 Person League:** Coed 6's A \_\_\_\_\_    OR    Coed 6's B \_\_\_\_\_    OR    Coed 6's C \_\_\_\_\_

Team Captain: \_\_\_\_\_                      Email: \_\_\_\_\_

Phone #: \_\_\_\_\_                      Team Name: \_\_\_\_\_

Return Registration Form to: YMCA 215 North 7th Street, Grand Forks, ND 58203. For registration information call (701) 775-2586.

Entry Fee of \$75 for 3 person league, \$100 for 4 person league, and \$150 for 6 person league is due at time of registration.

**Contact Erin Erickson at (701) 330-0912 for specific league information and questions.**

**REGISTRATION & FEE DUE Wednesday, January 19.**

\_\_\_\_\_ Player Name    Email Address    Phone Number    Male/Female    Shirt Size \_\_\_\_\_

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

**~Schedules will be emailed to those players whose emails are included on the roster~**