

ADULT SPORTS

SUMMER IS FOR PLAY TIME



ADULT CO-ED KICKBALL

NEW 8'S LEAGUE!

8 player teams. Get your friends together and re-live your childhood!

- Tuesday or Thursday Nights
- 6:00 - 8:00 pm
- Starts August 17
- \$200

ADULT VOLLEYBALL

Sign up for 3's, 4's or 6's

- 3's & 4's play on Mondays
- 6's play on Wednesdays
- Starts in September

ADULT SAND VOLLEYBALL TOURNAMENT

Men's 4's / Women's 6's / Co-ed 6's

- August 14-15, 2021
- Details TBA



ALTRU FAMILY YMCA, GRAND FORKS, ND
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