



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Altru Family YMCA Girls Youth Basketball League 2020

As in all YMCA sports, participation and sportsmanship are stressed and no league standings are kept. We attempt to divide teams by school but also try to keep teams competitively balanced. Teams may play games 2 on 2 or 3 on 3 depending on registration. Games and practices will be on Tuesday and Thursday nights between 6:00 and 8:15pm. A schedule will be available at the first practice. YMCA reversible shirts are required for this league. Scholarships are available for those with financial need. Contact Darryl at the YMCA 775-2586 ext 209.

## First Practice/Clinic

First practice is October 27 at the YMCA. Second/Third grade practices from 6:00-7:00 and 4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> practice from 7:15-8:15. This practice will be set up and run by YMCA supervisors. If you can volunteer to coach a team contact Darryl at 775-2586 ext 209.

## Covid Announcement

This year Girls YBL will be at the YMCA on just Tuesday and Thursday Nights. A majority of the time will be used working on fundamentals. We will attempt to play 2 on 2 or 3 on 3 games. The registration will be limited and only players and volunteer coaches will be allowed in the YMCA for practices. Players and coaches will be required to wear masks into the YMCA for practice/games. Coaches and supervisors are required to wear masks within the YMCA. We will have sanitization stations entering and exiting building. We ask that all use these stations. Registration will be limited.

## Girls YBL Registration Form Fall 2020

Deadline: Oct 26 (or until filled)

Fees: Member \$55 Non-member \$65

Season: Oct 27-Nov 24

(Late registrations will be placed on a team if there are spots available.)

Y reversible shirts are required for all leagues and available at the YMCA

Name: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Grade: \_\_\_\_\_ Birth Date: \_\_\_\_\_

## VOLUNTEERS NEEDED!

Volunteer coaches are needed for each team. Parents and relatives are encouraged to get involved. Even if you have limited knowledge, you can help. Materials and training will be available. Please fill in information on registration form below if you can help.

Within the limits of available funding, the Altru Family YMCA will not refuse membership or program services to any person because of a proven inability to pay the cost of participation. Please inquire about Scholarship funding through the Grand Forks Fastbreak Club, YMCA Partner of Youth and Ulland Grant.

**I am willing to volunteer in this program. Fill out below.**

Name \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Coach  Assistant Coach

Phone \_\_\_\_\_ (Cell/Work) \_\_\_\_\_

**PARENT AGREEMENT:** I hereby certify that \_\_\_\_\_ is in normal health and capable of participating safely in the program. I also understand the goals and objectives of this program are not based on winning but rather on fair play, fun, teamwork, skill development, and participation.

**SIGNED** \_\_\_\_\_ In case of emergency call: \_\_\_\_\_  
Return entry form and fees to: Altru Family YMCA | PO Box 13177 | Grand Forks, ND 58208-3177 | Phone: 775-2586 ext 209

