



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NOVEMBER 2020

FASTER STRONGER BETTER

ALTRU FAMILY YMCA QUARTERBACK ACADEMY



The objective for QBs in this session is to develop a foundation of fundamental skills that will help them be successful in any scheme.

We will begin by focusing on the “must-have” skills that will give young QBs an edge on competition. Experienced QBs will polish their fundamentals, and all will progress to develop a more advanced skillset.

STARTS NOVEMBER 1 | SUNDAYS / 4 WEEKS

Grades 1 - 4 1:00-2:15 pm
Grades 4 - 6 2:30 - 3:45 pm

4 Sessions \$40
All 8 Sessions \$60

Head Coach: Kyle Myers
Assistant Coach: Adam Sorum

Coach Myers has experience coaching football at a variety of levels including youth, high school, professional, and was defensive line coach and recruiting coordinator at the University of North Dakota. In addition, he has experience in professional player personnel and specializes in motivation and mentorship.

For additional info, contact Adam Sorum or Kyle Myers at the Y: 701-775-2586