

PUMPKINS FOR PARKINSON'S 2020

It's pumpkin time again. Pumpkins for Parkinson's that is!

We have officially kicked off this fall's Pumpkins for Parkinson's fund raiser with a generous donation of \$500.00 by Skip Greenberg/Greenberg Realty! What a great start! THANK YOU to Skip and his team!

The COVID-19 pandemic threw a curve at our traditional Pumpkins for Parkinson's fund raiser and celebration, but we are excited to announce that the 5th annual event is on! The pumpkins have been in the ground since June and, although we've lost a few, we are looking forward to seeing what this year's crop will bring. Contributions will be accepted any time during the next few weeks (and after that) as we have fun watching to see if one of our giants will top last year's record of 1,200 pounds.

Due to the health and wellness concerns this year, we have modified operations while keeping the fun in the process. Instead of forming teams, we are reaching out to past team members, growers, and contributors while gathering photos as the pumpkins grow.

We are asking for your help again this year. Please consider a business or personal contribution. We would greatly appreciate your help is spreading the word to others who may wish to support the YMCA Parkinson Wellness programs. Donations can be made online, by mail, by phone, or in person. **Contributions will be accepted through December 31.**

We are working to get our Parkinson Wellness participants back on track. We are planning a rebuild of our programming with safety and security measures to keep our participants safe. Currently we have several people coming in for personal workouts with trainer Shawn Reich. Our members are also encouraged to attend classes that are appropriate for them at this time. Additional programming will be added soon.

Since our celebration luncheon is not an option for this year, we have planned a "Pumpkins for Parkinson's Day" to take place on **Tuesday, October 6**. The giant pumpkins will be on display outside of the YMCA most of the day while donations will be accepted in-house (in exchange for a pumpkin cupcake!).

Thank you for your past participation in the Pumpkins for Parkinson's events! Additional details on the fund raiser and our growers will be posted on our web site. We hope to see you on October 6!!

Sincerely,

Patti and Tom McEnroe
Co-chairs / Pumpkins for Parkinson's

See back side for details on how to donate.



THANK YOU TO OUR 2020 GROWERS

Jan Heitmann/All Seasons	Diana Tveit	Karen Kouba	Katelin Kouba
Brian Reslock	Julie Tennison	Kent Carrier	Travis Riedemann
Nick Steidl	Wade Stadstad	Doug Bolte	Mackenzie Derry

HOW TO DONATE

CHECKS ARE PAYABLE TO **ALTRU FAMILY YMCA**. CASH AND CREDIT CARD DONATIONS ARE ACCEPTED AT ALTRU FAMILY YMCA IN PERSON OR BY PHONE: **(701) 775-2586**



www.gfymca.org

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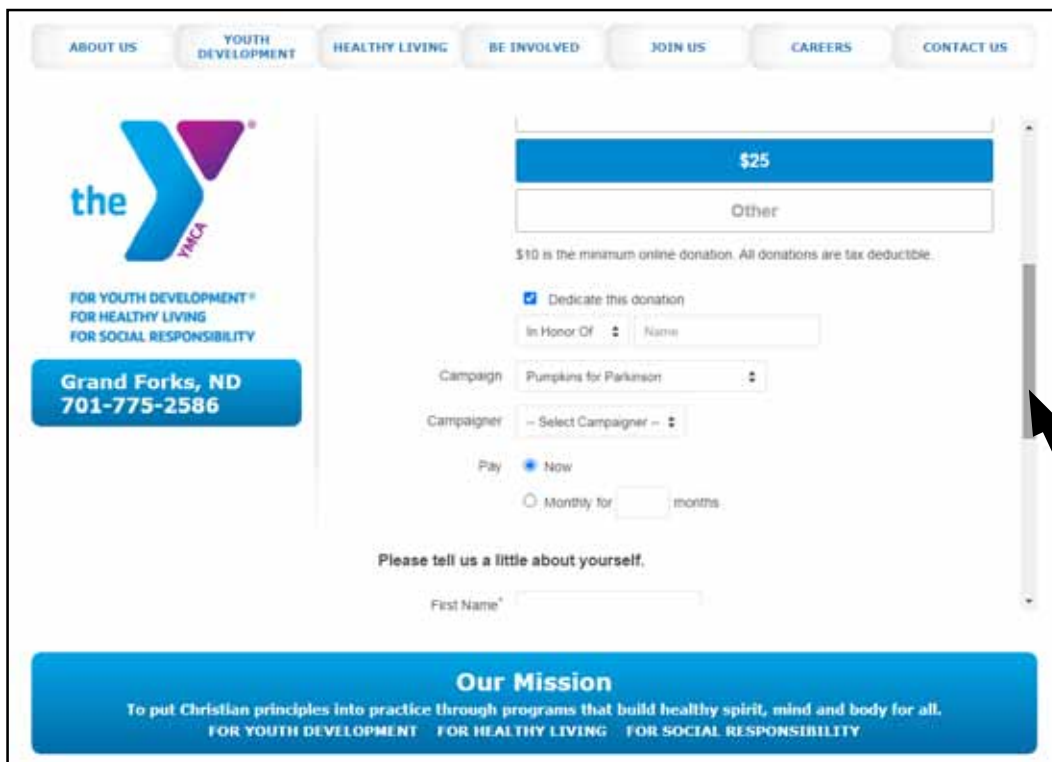
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MAIL TO:
Altru Family YMCA
215 N 7th St
Grand Forks, ND 58203

Or - DONATE ONLINE AT
www.gfymca.org: Home Page / DONATE / Campaign / Pumpkins for Parkinson

Thank you for your support!



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FOR YOUTH DEVELOPMENT®
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Grand Forks, ND
701-775-2586

\$25

Other

\$10 is the minimum online donation. All donations are tax deductible.

Dedicate this donation

In Honor Of: Name

Campaign: Pumpkins for Parkinson

Campaigner: - Select Campaigner -

Pay: Now Monthly for _____ months

Please tell us a little about yourself.

First Name*

Our Mission

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.
FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

SCROLL

ALTRU FAMILY YMCA IS A NON-PROFIT [501(c)3] ORGANIZATION. 100% OF DONATIONS ARE TAX DEDUCTIBLE AND GO TO EQUIPMENT, SUPPLIES, SCHOLARSHIPS, TRANSPORTATION ASSISTANCE, AND OTHER COSTS SPECIFIC TO THE ALTRU FAMILY YMCA PARKINSON WELLNESS RECOVERY PROGRAM.



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