



May 8, 2020

Dear Valued YMCA Member,

I hope this finds you safe and well. While we have the Governor's green light to reopen our building, I wanted to brief you on how we're getting ready to welcome you back. We are scheduled to open with limited operations on Monday, May 18, and your safety is our top priority. We have thoroughly cleaned and disinfected our facilities and plan on opening in phases (not the entire building at once) as we reinstate and train our team. We will perform a rigorous cleaning schedule every day and we've added sanitation stations for individual wipe-downs of equipment before and after each use.

Upon entering the facility, each member will undergo a short health screening (including a temperature check and answering 4 basic questions regarding COVID-19). The member scanning process will be "touch-free." Until we are in the COVID-19 clear, we strongly recommend that all members and staff in group areas wear face masks.

The number of members allowed in the building at any given time will be restricted and reservations may be required. We will have social distancing measures in effect throughout the facility, like ensuring six-foot spacing around equipment and workout stations. The Y plans to open in phases recommended by the CDC, local Health Department and Y-USA. Detailed guidelines will be published online and posted in the building.

Amenities Available in Phase One:

Fitness center including cardio conditioning center; weight room (upstairs and down); running track; gymnasiums; racquetball courts; group exercise studio; yoga studio; and full-time child care.

Initially, we ask that everyone shower at home as locker rooms and bath and fitness towels will not be available. If allowed, we will open our pool, sauna and steam room in a later phase. Social distancing will prevent activities like basketball & volleyball games for the time being.

We are finalizing plans to offer your favorite group exercise classes while following social distancing requirements. You can still enjoy our fitness classes via Facebook and YouTube. Visit our website and Facebook page regularly for updated re-opening news.

Membership payments: bank drafts will begin on June 1, 2020 on the regular schedule. If you do not want to be charged, please contact our business office - kriel@gfymca.org or call 701-775-2586 and speak with Kari.

We know that some of you have lost your job as a result of the pandemic, so we are expanding our scholarship options to ensure that you can continue your efforts to stay healthy in spirit, mind, and body. Call us for more information and please contact us if you know of someone who needs help.

We will get through this together, and we will emerge stronger than ever. The Y is so much more than a swim and gym - we are a movement of cause-driven members that respond when others need help. We miss you and look forward to seeing you again.

Bob McWilliams
President/CEO
Altru Family YMCA

ALTRU FAMILY YMCA

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