

Y MEMBER GUIDE

May 15, 2020

WE'RE EXCITED TO SEE YOU!

Dear Y Members: we've missed you and are excited to see you back in the building after a long time apart. We want to prepare you for the changes we've had to make in order to make it possible for us to open in Phase 1.

ENTER & EXIT

Members and child care will enter the building through designated doors in front. Look for the banners. Child care will exit via the same door, however we've designated a different exit door for members which is by the Altru Outreach Therapy room. That door has a step so be careful exiting (people with limited mobility may exit using the entrance door).

ENTERING & USING THE FACILITY

The majority of the lobby area will be used for child care staging while a separate area is designated for members: upon entering, members are asked to **keep a 6' or more distance** from others. Please look for the signs indicating where to wait. We also encourage all members to:

- **sanitize** your hands when you enter the building
- be prepared to answer four **health questions** and have your temperature checked
- have your **KEY CARD (required)** so that you scan quickly scan in (important to avoid delays)
- bring your own workout **towel and water** (drinking fountains are available for auto fill only)
- plan on **changing and showering at home** (locker rooms should open in Phase 2)
- be **respectful** of others (we're all in this together)
- use **hand sanitizing** stations throughout the lobby, fitness center and studios
- wear a **face mask** whenever it is impossible to follow the 6' social distance recommendation - members are welcome to wear a face mask while working out but are not required to do so
- follow our lead - equipment and class layout are **spaced** for your safety
- **sanitize** the equipment before and after you use it (use the sanitary wipes available)
- please follow all **distancing & safety** precautions when attending group classes

OTHER THINGS TO KNOW

- we are accepting members only in Phase 1 (no guest passes or Nationwide members)
- we are accepting new memberships & financial scholarship applications
- close contact games will not be allowed (unless the group is immediate family)
- youth camps are scheduled to start in June - other programs will begin when possible

This information is subject to change at any time. Thanks for staying with us and we look forward to seeing you again! Look for updates at: www.gfymca.org or our facebook page, or call 701-775-2586.