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Altru Family YMCA Community Garden Group



Altru Family YMCA started a garden group in 2019 to educate and involve the community in learning about growth in nature, and to promote healthy and active lifestyles through reconnecting individuals to the food they eat and grow. Garden Group members assisted in planting, weeding, watering and harvesting the vegetables in the garden. Some of the vegetables went to our members but the majority of the vegetables went to local food banks including the Mission, RRVCA, the Salvation Army, St Josephs, EGF Food Bank, Grand Forks Senior Citizen Center and Hope Covenant Church. The donations totaled 8366 pounds food for the hungry. Please join us this coming year to take part in this awesome project. Planting starts in May.

This program is supported in part by a grant from the City of Grand Forks through the Community Foundation of Grand Forks, East Grand Forks & Region.



