



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Altru Family YMCA Girls Youth Basketball League 2019

The YMCA in collaboration with the Grand Forks Fastbreak Club is now taking registrations for Girls Youth Basketball for Girls grades 2-6.

As in all YMCA sports, participation and sportsmanship are stressed and no league standings are kept. We attempt to divide teams by school but also try to keep teams competitively balanced. Teams may play games 3 on 3 or 4 on 4 depending on registration. Games and practices will be on Tuesday and Thursday nights between 5:30 and 9:00pm and on Saturdays for one hour. A schedule will be available at the first practice. YMCA reversible shirts are required for this league. Scholarships are available for those with financial need. Contact Darryl at the YMCA 775-2586 ext 209.

First Practice/Clinic

First practice is October 22 at the YMCA. Second/Third grade practices from 5:30-6:30 and 4th/5th/6th practice from 6:45-7:45. This practice will be set up and run by YMCA supervisors. If you can volunteer to coach a team contact Darryl at 775-2586 ext 209.

This year we will have a free preseason clinic at the YMCA on October 15. Grade 2nd/3rd – 5:30-6:30 and Grade 4th-6th – 6:45-7:45. Give it a try before you register. All are welcome!

Girls YBL Registration Form Fall 2019

Deadline: Oct 21

Fees: Member \$90 Non-member \$105

Season: Oct 22-Dec 12

(Late registrations will be placed on a team if there are spots available.)

Y reversible shirts are required for all leagues and available at the YMCA

Name: _____ School: _____

Address: _____ City _____ State _____ Zip _____

Phone: _____ Grade: _____ Birth Date: _____

VOLUNTEERS NEEDED!

Volunteer coaches are needed for each team. Parents and relatives are encouraged to get involved. Even if you have limited knowledge, you can help. Materials and training will be available. Please fill in information on registration form below if you can help.

Within the limits of available funding, the Altru Family YMCA will not refuse membership or program services to any person because of a proven inability to pay the cost of participation. Please inquire about Scholarship funding through the Grand Forks Fastbreak Club, YMCA Partner of Youth and Ulland Grant.

I am willing to volunteer in this program. Fill out below.

Name _____ Email: _____

Address: _____

Coach Assistant Coach

Phone _____ (Cell/Work) _____

PARENT AGREEMENT: I hereby certify that _____ is in normal health and capable of participating safely in the program. I also understand the goals and objectives of this program are not based on winning but rather on fair play, fun, teamwork, skill development, and participation.

SIGNED _____ **In case of emergency call:** _____

Return entry form and fees to: Altru Family YMCA | PO Box 13177 | Grand Forks, ND 58208-3177 | Phone: 775-2586 ext 209

