

Altru Family YMCA Volleyball Leagues 2019
Volleyball Social: Monday, 9/9/19, 7:00 PM - 10:00 PM
Registration - Roster & Fee Deadline: 9/11/19
League Dates: 9/23/19 – 12/11/19

Come join the fun! The YMCA has volleyball leagues on Monday and Wednesday nights beginning September 23 and 25. The Social on Monday, 9/9/19, is a night for players to meet new people and have some fun. We'll have games going at different skill levels. It's a great way to meet other players if you're looking for a team and get some practice playing before the leagues start.

The 9 week round robin league begins September 23 or 25 and ends with a tournament involving all teams with prizes for first and second place in every league division.

Monday Night Leagues: Power 3's & Coed 4's

3 Person League - 3 person teams with any combination of men and women who have advanced volleyball skills and experience.

4 Person Coed League - for those with at least some advanced volleyball skills & experience.

Wednesday Night Leagues: Coed 6's

C Level - for those with basic volleyball skills and/or may be learning the game.

B Level - for those with good ball control and some advanced skills.

A Level - for those who have consistent ball control and advanced skills.

General Info:

There are several leagues so every skill level can have a good time. We offer 3 Person, 4 Person, and 6 Person Leagues. Each league has a different level of play. **Individual players can only play on 1 team per league.**

3 person teams can have up to 5 players on their roster, 4 person teams can have up to 7 players on their roster, and 6 person teams can have up to 10 players on their roster.

The cost for each team league is \$75 for a 3 person league, \$100 for a 4 person league, \$150 for a 6 person league. **Payment is due with roster by Wednesday, September 11.** Captains will be contacted regarding 1st week match times the evening before league begins. A complete game schedule will be distributed the first night of play. All leagues may have matches scheduled between the hours of 6:30 PM to 10:00 PM.

Sign-up deadline is Wednesday, September 11. Leagues are limited. Registrations accepted until leagues fill, so sign up early! **Rosters can be dropped off or mailed to the YMCA at 215 7th Street North, Grand Forks, ND 58203.** Don't have a team? Then come to the YMCA Volleyball Social on Monday, September 9 beginning at 7 pm. There will be open games of volleyball at various skill levels – jump in and meet some new people!

For more information contact Erin Erickson, Volleyball Coordinator, at (701) 330-0912 or erockvb@hotmail.com or Darryl Marek, Sports Director, at the YMCA (701) 775-2586 ext 209.

A registration form is on back of this flyer.

Altru YMCA Family Center
VOLLEYBALL LEAGUE REGISTRATION FORM
Fall Leagues 2019: Begins 9/23/19

~Please Fill Out 1 Roster Per Team Per League~

CHOOSE A LEAGUE:

3 Person League: 3's _____ **4 Person League:** Coed 4's _____

6 Person League: Coed 6's A _____ OR Coed 6's B _____ OR Coed 6's C _____

Team Captain: _____ Email: _____

Phone #: _____ Team Name: _____

Return Registration Form to: YMCA 215 North 7th Street, Grand Forks, ND 58203. For registration information call (701) 775-2586.

Entry Fee of \$75 for 3 person league, \$100 for 4 person league, and \$150 for 6 person league is due at time of registration.

Contact Erin Erickson at (701) 330-0912 for specific league information and questions.

REGISTRATION & FEE DUE WEDNESDAY, September 11.

	<u>Player Name</u>	<u>Email Address</u>	<u>Phone Number</u>	<u>Male/Female</u>	<u>Shirt Size</u>
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~Schedules will be emailed to those players whose emails are included on the roster~