

# Firecracker 5k Results 2019

Timing provided by: Red River Runners Grand Forks

Bib Number	First Name	Last Name	Category	Finish Time	5k Overall Place	5k Place by Category
228	Jim	Danger	M5K13-19	00:16:45.4	1	1
135	Drew	Kamrath	M5K20-29	00:18:31.5	2	1
55	Jeremiah	Bartz	M5K30-39	00:18:40.9	3	1
108	James	Hollister	M5K20-29	00:19:01.0	4	2
254	Benjamin	Hutchison	M5K20-29	00:19:10.5	5	3
124	Erik	Stokke	M5K13-19	00:19:34.9	6	2
222	Isaak	Dorman	M5K13-19	00:19:46.4	7	3
215	Evan	Smith	M5K20-29	00:19:49.1	8	4
252	Kristen	Schulz	F5K20-29	00:19:51.9	9	1
158	Ryan	Lisell	M5K40-49	00:19:53.5	10	1
262	Joseph	Green	M5K13-19	00:20:41.7	11	4
139	Ellen	Gregoire	F5K13-19	00:21:00.6	12	1
140	Thomas	Gregoire	M5K13-19	00:21:00.6	13	5
172	Zack	Beal	M5K20-29	00:21:19.5	14	5
106	Jacob	Vaagen	M5K13-19	00:21:25.6	15	6
8	Leslie	Hesse	F5K30-39	00:21:26.5	16	1
217	Connor	Litzinger	M5K13-19	00:22:28.4	17	7
188	Cory	Coogan	M5K20-29	00:22:30.3	18	6
56	Philip	Cunningham	M5K30-39	00:23:57.2	19	2
187	Chancellor	Colgrove	M5K13-19	00:24:24.5	20	8
64	Emily	Scheie	F5K20-29	00:24:26.5	21	2
50	Kael	Berberich	F5K13-19	00:24:30.2	22	2
62	Nicholas	Olson	M5K30-39	00:24:36.3	23	3
259	Zachary	Hellekson	M5K20-29	00:24:44.1	24	7
81	Sonia	Burley	F5K50-59	00:24:51.8	25	1
186	Darian	Colgrove	M5K20-29	00:24:59.6	26	8
123	Nick	Stokke	M5K13-19	00:25:05.0	27	9
133	James	Lindlauf	M5K50-59	00:25:21.6	28	1
257	Jeff	Powell	M5K30-39	00:25:55.4	29	4
183	Liz	Hoffner	F5K30-39	00:26:11.1	30	2
184	Melynie	Wolfgram	F5K50-59	00:26:11.1	31	2
30	Laura	Mason	F5K30-39	00:26:11.7	32	3
93	Jennifer	Johnson	F5K50-59	00:26:15.9	33	3
216	Hannah	Litzinger	F5K13-19	00:26:33.0	34	3
117	Benjamin	Rowan	M5K13-19	00:26:55.6	35	10
238	Donna	Smith	F5K40-49	00:26:59.3	36	1
24	Justin	Riddle	M5K12UNDER	00:27:07.2	37	1
100	Glen	Yoshida	M5K60PLUS	00:27:23.9	38	1
209	Joseph	Peal	M5K20-29	00:27:27.2	39	9
260	Moranda	Iverson	F5K40-49	00:28:06.2	40	2
121	Tammy	Butts	F5K40-49	00:28:13.1	41	3
97	Michael	Novak	M5K50-59	00:28:13.9	42	2
122	Tom	Stokke	M5K50-59	00:28:24.8	43	3
69	David	Hathaway	M5K20-29	00:28:28.2	44	10
116	Leslie	Rowan	F5K50-59	00:28:32.4	45	4
236	Julie	Kirkeby	F5K60PLUS	00:29:06.5	46	1
210	Lee	Rerick	F5K50-59	00:29:12.5	47	5
211	Jake	Arason	M5K13-19	00:29:12.5	48	11
267	Jane	Hutzol	F5K50-59	00:29:58.6	49	6
47	Asa	Berberich	F5K12UNDER	00:29:59.7	50	1

136	Kim	VanAmburgh	F5K40-49	00:30:02.5	51	4
171	David	Goodman	M5K20-29	00:30:10.8	52	11
203	Spearit	Washington	M5K13-19	00:30:13.4	53	12
25	Brent	Riddle	M5K40-49	00:30:39.5	54	2
246	Mike	Barksdale	M5K50-59	00:30:44.8	55	4
271	Joe	Beiswenger	M5K12UNDER	00:30:46.5	56	2
31	Erin	Kunz	F5K30-39	00:30:47.6	57	4
134	Kyle	Sulerud	M5K30-39	00:30:50.8	58	5
99	Rosa	Steinkuehler	F5K30-39	00:30:57.0	59	5
98	Devin	Pede	M5K20-29	00:30:57.0	60	12
206	Stefanie	Coleman	F5K30-39	00:30:58.2	61	6
118	Luke	Rowan	M5K13-19	00:31:01.8	62	13
245	Kevin	Nelson	M5K40-49	00:31:03.0	63	3
28	Earl	Beal	M5K60PLUS	00:31:11.5	64	2
152	Sara	Tupa	F5K20-29	00:31:13.9	65	3
128	Natalie	Martinson	F5K30-39	00:31:18.5	66	7
129	Kelsey	Huttunen	F5K30-39	00:31:18.5	67	8
169	Brittany	Johnson	F5K30-39	00:31:20.3	68	9
49	Jason	Berberich	M5K40-49	00:31:27.1	69	4
13	Julie	Argenziano	F5K40-49	00:31:40.7	70	5
14	Matthew	Argenziano	M5K40-49	00:31:40.7	71	5
88	Mandi	Streeter	F5K20-29	00:31:51.5	72	4
48	Nate	Streeter	M5K20-29	00:31:51.5	73	13
141	Leah	Halverson	F5K40-49	00:31:52.5	74	6
213	Matt	Sterling	M5K30-39	00:32:15.6	75	6
153	Jeff	Johnson	M5K40-49	00:32:20.7	76	6
85	Brenda	Rose	F5K12UNDER	00:32:32.3	77	2
87	Deanna	Rose	F5K13-19	00:32:37.5	78	4
225	Gretchen	Denier	F5K20-29	00:32:46.6	79	5
174	David	Nelson	M5K60PLUS	00:32:54.6	81	3
173	Kimberly	Spivack	F5K30-39	00:32:54.6	80	10
185	EllaMarie	Powell	F5K30-39	00:33:14.7	82	11
251	Seth	Cline	M5K20-29	00:33:19.6	83	14
250	Maxwell	Pickett	M5K20-29	00:33:21.5	84	15
165	Jessica	Nolz	F5K20-29	00:33:24.0	85	6
166	Blue	Weber	M5K30-39	00:33:24.0	86	7
249	Matt	Dunham	M5K20-29	00:33:26.4	87	16
42	Haley	Rosaasen	F5K30-39	00:33:27.8	88	12
131	Ethan	Thompson	M5K30-39	00:33:40.9	90	8
130	Cathy	Thompson	F5K30-39	00:33:40.9	89	13
164	Lilly	Goodman	F5K12UNDER	00:34:02.0	91	3
170	Chulita	Goodman	F5K30-39	00:34:02.0	92	14
142	Sarah	Bell	F5K30-39	00:34:10.0	93	15
120	Jill	Fritel	F5K40-49	00:34:13.9	95	7
138	Theresa	Boltz	F5K30-39	00:34:13.9	94	16
191	Hayley	Wedl	F5K20-29	00:34:50.5	96	7
80	Judy	Johnson	F5K60PLUS	00:35:06.1	97	2
193	Nickalus	Lindgren	M5K13-19	00:35:18.3	98	14
192	Steffanie	Lindgren	F5K40-49	00:35:21.0	99	8
205	Hannah	Dybwad	F5K30-39	00:35:22.5	100	17
59	Corrina	Sachno	F5K40-49	00:35:28.7	101	9
119	Sherry	Lawdermilt	F5K40-49	00:35:30.1	102	10
204	Duqe	Washington	M5K13-19	00:35:45.9	103	15
248	Marlys	Fisher	F5K40-49	00:36:11.1	104	11
77	Aerin	Salgado	F5K12UNDER	00:36:22.5	105	4
159	Matthew	Myrick	M5K30-39	00:36:23.9	106	9

78	Lori	Cariveau	F5K60PLUS	00:36:31.9	107	3
207	Juleen	Washington	F5K30-39	00:37:27.7	108	18
270	Ashley	Cotta	F5K30-39	00:37:29.7	109	19
79	Allison	Lund	F5K30-39	00:37:36.1	110	20
7	Doug	Robinson	M5K60PLUS	00:37:58.0	111	4
1	Ella	Pawlewicz	F5K12UNDER	00:38:24.3	112	5
244	Kathleen	Kittridge	F5K20-29	00:38:42.8	113	8
16	Isaac	Wild	M5K12UNDER	00:39:11.5	114	3
17	Caleb	Wild	M5K12UNDER	00:39:22.6	116	4
18	Kayla	Perdue	F5K30-39	00:39:22.6	115	21
220	Joshua	Dorman	M5K12UNDER	00:39:54.1	117	5
219	Seth	Dorman	M5K30-39	00:39:54.1	118	10
126	Mary	Adkins	F5K60PLUS	00:40:14.9	121	4
10	Katelyn	Wagner	F5K13-19	00:40:14.9	119	5
11	Jason	Beutow	M5K40-49	00:40:14.9	122	7
9	leAnn	Wagner	F5K20-29	00:40:14.9	120	9
221	Abby	Dorman	F5K12UNDER	00:40:43.8	123	6
240	Wanda	Littleghost	F5K30-39	00:40:44.8	124	22
101	Charles	Hofferber	M5K60PLUS	00:40:56.6	125	5
89	Smruthi	Rudraraju	F5K20-29	00:41:00.9	126	10
155	Hannah	Ness	F5K20-29	00:41:00.9	127	11
63	Betty	Olson	F5K50-59	00:41:25.9	128	7
3	Grace	Pawlewicz	F5K13-19	00:41:35.1	129	6
2	Diana	Pawlewicz	F5K40-49	00:41:35.1	130	12
125	Trish	Rogalla	F5K40-49	00:42:17.1	131	13
127	Daniel	Kostad	M5K40-49	00:42:18.2	132	8
4	Aimee	Bader	F5K30-39	00:42:34.8	133	23
41	Shawn	Rosaasen	M5K20-29	00:42:45.1	134	17
40	Christine	Rosaasen	F5K60PLUS	00:42:46.1	135	5
202	Elise	Stannard	F5K50-59	00:43:42.0	136	8
21	Dana	Boucher	F5K40-49	00:43:58.9	137	14
109	Yvonne	Gomez	F5K60PLUS	00:43:59.7	138	6
212	Lana	Driscoll	F5K50-59	00:44:01.1	139	9
38	Elle	Singerman	F5K12UNDER	00:44:04.3	140	7
39	Zoe	Rasaasen	F5K12UNDER	00:44:04.3	141	8
46	Jay	Singerman	M5K30-39	00:44:04.3	143	11
45	Erin	Singerman	F5K30-39	00:44:04.3	142	24
132	Katie	Norby	F5K30-39	00:44:10.0	144	25
34	David	Cunningham	M5K60PLUS	00:44:18.2	146	6
35	Kyle	Dinniene	M5K40-49	00:44:18.2	145	9
151	Allen	Monson	M5K60PLUS	00:44:44.0	147	7
94	Karen	Miller	F5K30-39	00:44:55.1	148	26
111	Kara	Kerr	F5K30-39	00:45:22.1	149	27
68	Colleen	Hathaway	F5K20-29	00:46:14.3	150	12
67	Susanne	Argenziano	F5K60PLUS	00:46:15.4	151	7
263	Doreen	Frydenlund	F5K50-59	00:46:18.2	152	10
264	Lindsey	Frydenlund	F5K20-29	00:46:19.1	153	13
137	Lacey	Degener	F5K30-39	00:46:39.2	154	28
107	Rebekah	Melicia	F5K30-39	00:46:53.8	155	29
208	Nancy	Geske-Larson	F5K40-49	00:47:00.2	156	15
52	Natalie	Drees	F5K12UNDER	00:47:14.4	157	9
54	Andrea	Drees	F5K30-39	00:47:14.4	158	30
234		Delene	M5K12UNDER	00:48:08.6	159	6
266	Frank	Hutzol	M5K60PLUS	00:48:23.0	160	8
243	Eli	Klamm	M5K12UNDER	00:49:14.6	161	7
96	Rachelle	Bontrager	F5K50-59	00:49:38.9	163	11

95	Kari	Torkelson	F5K40-49	00:49:38.9	162	16
232	Michelle	Delene	F5K30-39	00:50:04.5	164	31
233	David	Delene	M5K40-49	00:50:05.3	165	10
226	Michelle	Stalk	F5K50-59	00:50:08.9	166	12
235	Nancy	Misialek	F5K40-49	00:50:17.5	167	17
19	Brandon	Wild	M5K40-49	00:50:44.8	169	11
20	Elizabeth	Wild	F5K40-49	00:50:44.8	168	18
32	Jen	Curry	F5K30-39	00:51:35.9	170	32
168	Taryn	Hamilton	F5K20-29	00:52:08.2	171	14
167	Sheila	Morton	F5K40-49	00:52:12.5	172	19
239	Loyalle	Smith	M5K40-49	00:52:41.8	173	12
43	Jessie	Watson	F5K30-39	00:53:14.2	174	33
44	Samantha	Watson	F5K30-39	00:53:14.2	175	34
22	Janice	Tangen	F5K60PLUS	00:53:37.3	176	8
154	Cindy	Holweger	F5K60PLUS	00:53:37.3	177	9
150	Taylor	Johnson	M5K12UNDER	00:53:49.8	178	8
53	Tom	Saddler	M5K60PLUS	00:54:07.9	179	9
61	Dwight	Thompson	M5K60PLUS	00:54:07.9	180	10
71	Bill	Marvin	M5K60PLUS	00:54:55.2	182	11
70	Judi	Marvin	F5K50-59	00:54:55.2	181	13
190	Troy	Baird	M5K40-49	00:55:18.0	184	13
189	Jody	Baird	F5K40-49	00:55:18.0	183	20
242	Isaiah	Klamm	M5K12UNDER	00:55:39.5	185	9
241	Marvin	Klamm	M5K60PLUS	00:55:44.2	186	12
182	Elise	Stannard	F5K50-59	00:56:09.8	187	14
163	Avigael	Siders	F5K12UNDER	01:01:47.9	188	10
66	Jenny	Molstad	F5K20-29	01:02:34.9	189	15
65	Julie	Molstad	F5K50-59	01:02:34.9	190	15
175	Joyce	Wicklund	F5K60PLUS	01:04:13.5	191	10
255	Britta	Zimmer	F5K30-39	01:04:31.2	192	35
90	Paul	Boese	M5K60PLUS	01:04:35.3	194	13
86	Sarah	Boese	F5K30-39	01:04:35.3	193	36
276	Noa	Marbury	M5K12UNDER	01:25:31.2	195	10
274	Rob	Rawl	M5K40-49	01:25:31.2	196	14
275	William	Marbury	M5K40-49	01:25:31.2	197	15

age category winners- 5k						
Bib Number	First Name	Last Name	Category	Finish Time	5k Overall Place	5k Place by Category
FEMALE						
47	Asa	Berberich	F5K12UNDER	00:29:59.7	50	1
139	Ellen	Gregoire	F5K13-19	00:21:00.6	12	1
252	Kristen	Schulz	F5K20-29	00:19:51.9	9	1
8	Leslie	Hesse	F5K30-39	00:21:26.5	16	1
238	Donna	Smith	F5K40-49	00:26:59.3	36	1
81	Sonia	Burley	F5K50-59	00:24:51.8	25	1
236	Julie	Kirkeby	F5K60PLUS	00:29:06.5	46	1
MALE						
24	Justin	Riddle	M5K12UNDER	00:27:07.2	37	1
228	Jim	Danger	M5K13-19	00:16:45.4	1	1
135	Drew	Kamrath	M5K20-29	00:18:31.5	2	1
55	Jeremiah	Bartz	M5K30-39	00:18:40.9	3	1
158	Ryan	Lisell	M5K40-49	00:19:53.5	10	1
133	James	Lindlauf	M5K50-59	00:25:21.6	28	1
100	Glen	Yoshida	M5K60PLUS	00:27:23.9	38	1

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Timing provided by: Red River Runners Grand Forks

Bib Number	First Name	Last Name	Category	Finish Time	10k Overall Place	10k Place by Category
227	Henno	Havinga	M10K20-29	00:36:12.8	1	1
102	Jonathan	Green	M10K40-49	00:37:42.3	2	1
112	Brian	Gregoire	M10K50-59	00:40:16.3	3	1
162	Barb	Murphy	F10K50-59	00:42:52.8	4	1
113	Kent	Peterson	M10K40-49	00:44:27.0	5	2
82	Donald	Waltz	M10K30-39	00:45:23.5	6	1
224	Kara	Heitke	F10K40-49	00:45:57.1	7	1
147	Neil	McComsey	M10K50-59	00:45:57.8	8	2
15	Dean	Christianson	M10K50-59	00:46:21.5	9	3
26	Steven	Light	M10K50-59	00:46:49.9	10	4
29	David	McCloud	M10K50-59	00:47:41.9	11	5
265	Duane	LeTexier	M10K50-59	00:48:23.0	12	6
223	Kristin	Burggraff	F10K30-39	00:48:41.8	13	1
76	Dan	Koller	M10K30-39	00:48:43.7	14	2
143	Dale	Kulas	M10K30-39	00:49:01.3	15	3
195	Lindsay	Stevenson	F10K30-39	00:50:22.7	16	2
198	Ashlei	Neufeld	F10K30-39	00:50:25.6	17	3
200	Brandon	Adams	M10K20-29	00:51:00.4	18	2
201	Judy	White	M10K40-49	00:51:00.4	19	3
91	Rodney	Mord	M10K40-49	00:51:47.0	20	4
37	Orlynn	Rosaasen	M10K60PLUS	00:51:52.3	21	1
199	Samuel	Landau	M10K20-29	00:52:05.3	22	3
73	Angela	Salgado	F10K40-49	00:52:39.5	23	2
60	James	Schueller	M10K30-39	00:52:40.3	24	4
110	Keith	Bakken	M10K50-59	00:52:45.1	25	7
237	Nicole	Zeman	F10K30-39	00:52:54.1	26	4
272	John	Simonson	M10K20-29	00:53:01.3	27	4
247	Christine	Lauzon	F10K40-49	00:53:26.2	28	3
156	Justin	Johnson	M10K30-39	00:53:49.8	29	5
115	Gladys	Bakken	F10K50-59	00:53:56.3	30	2
74	Teresa	Dufner	F10K50-59	00:53:58.6	31	3
218	Arch	Simonson	M10K60PLUS	00:54:16.3	32	2
12	James	Nelson	M10K50-59	00:54:28.7	33	8
253	Andy	Cunningham	M10K30-39	00:54:38.6	34	6
75	Jesse	Hutchison	M10K40-49	00:54:54.0	35	5
33	Diane	Palkert	F10K50-59	00:54:59.1	36	4
6	Sean	Costello	M10K30-39	00:55:04.5	37	7
268	Renee	Brandt	F10K30-39	00:55:07.2	38	5
269	Kevin	Hruska	M10K40-49	00:55:07.2	39	6
27	Kathryn	Rand	F10K50-59	00:55:11.1	40	5
149	Collin	Lee	M10K13-19	00:55:57.4	42	1
148	LeNae	Lee	F10K40-49	00:55:57.4	41	3
179	Kristine	Harper	F10K30-39	00:56:09.8	43	6
181	Lindsay	Stevenson	F10K30-39	00:56:09.8	44	7
180	Jack	Weinstein	M10K40-49	00:56:09.8	45	7

231	Ryan	Lucy	M10K30-39	00:57:34.5	46	8
83	Maria	Privratsky	F10K20-29	00:57:35.4	47	1
57	Laura	Heller	F10K20-29	00:57:45.9	48	2
261	Sasha	Lei bold	F10K20-29	00:58:08.0	49	3
214	Carol	Egstad	F10K60PLUS	00:58:12.8	50	1
23	Kari	Donald	F10K40-49	00:58:37.6	51	4
103	Jessica	Snyder	F10K40-49	00:58:40.7	52	4.7
258	Martin	Short	M10K40-49	00:58:40.7	53	8
92	Larry	LaFountain	M10K40-49	00:59:06.8	54	9
114	Whitney	Maine	F10K30-39	00:59:24.3	55	8
229	Rachel	Hellyer	F10K40-49	00:59:31.4	56	5.4
230	George	Hellyer	M10K40-49	00:59:31.4	57	10
194	Jack	Weinstein	M10K40-49	00:59:38.1	58	11
256	Les	White	M10K40-49	00:59:43.0	59	12
197	Don	Aandal	M10K60PLUS	01:01:24.9	60	3
161	Rick	Tonder	M10K60PLUS	01:01:41.1	61	4
36	Wayne	Devine	M10K60PLUS	01:02:50.2	62	5
72	Nathan	Miller	M10K13-19	01:03:04.9	64	2
105	Sonia	Doulamis	F10K20-29	01:03:04.9	63	4
104	Stanley	Miller	M10K60PLUS	01:03:04.9	65	6
160	Jennifer	Miller	F10K40-49	01:05:21.1	66	6.1
157	Rachel	Beck	F10K20-29	01:07:11.5	67	5
51	Lynn	Ophaug	F10K30-39	01:07:12.2	68	9
58	Nathan	Kollie	M10K50-59	01:08:20.7	69	9
146	Kerry	Haage	M10K30-39	01:09:20.6	70	9
196	Diane	Aandal	F10K60PLUS	01:09:43.5	71	2
84	Jecky	Oulare	M10K20-29	01:13:24.8	72	5
176	Megan	Smith	F10K13-19	01:22:41.2	73	1
177	Noel	Mongeon	M10K40-49	01:22:41.2	74	13
5	Alicia	Rodewald	F10K40-49	01:25:16.0	75	6.8
145	Jill	Johnson	F10K30-39	01:27:08.8	76	10
273	Charlie	Marbury	M10K12UNDER	01:44:11.7	77	1

age category winners- 10k						
Bib Number	First Name	Last Name	Category	Finish Time	10k Overall Place	10k Place by Category
FEMALE						
176	Megan	Smith	F10K13-19	01:22:41.2	73	1
83	Maria	Privratsky	F10K20-29	00:57:35.4	47	1
223	Kristin	Burggraff	F10K30-39	00:48:41.8	13	1
224	Kara	Heitke	F10K40-49	00:45:57.1	7	1
162	Barb	Murphy	F10K50-59	00:42:52.8	4	1
214	Carol	Egstad	F10K60PLUS	00:58:12.8	50	1
MALE						
273	Charlie	Marbury	M10K12UNDER	01:44:11.7	77	1
149	Collin	Lee	M10K13-19	00:55:57.4	42	1
227	Henno	Havinga	M10K20-29	00:36:12.8	1	1
82	Donald	Waltz	M10K30-39	00:45:23.5	6	1
102	Jonathan	Green	M10K40-49	00:37:42.3	2	1
112	Brian	Gregoire	M10K50-59	00:40:16.3	3	1
37	Orlynn	Rosaasen	M10K60PLUS	00:51:52.3	21	1