

Boys YBL

January 14, 2017

Parents, Coaches, Players:

This year we will be trying something new with our Boys YBL program. The first three practices (Jan. 17, 19, 21) will consist of working in stations by grade level (2nd/3rd or 4th-6th). Players will practice dribbling, passing, shooting, defense, etc. We will also practice two on two and three on three drills.

We will need volunteer coaches for each team. There are signup sheets if you can help coach (check with supervisor if you have any questions). Please help if you can. Having parents involved improves the experience for the players. Volunteer coaches will work with YMCA supervisors running stations on the next 3 practices either by running a station or assisting, depending on their comfort level. All volunteer coaches will be given coaching information and assistance during practices. **We are not going to stress running complicated plays. The focus will be on performing the basic skills during games.**

Again we will need coaches for each team to help teach basic skills in practice and organize players during games. Supervisors will be at gyms to help during practices but we do need your help! Look for signup sheet and talk to one of the supervisors. Please volunteer.

Practices

Tuesday, Jan. 17 at Kelly Elementary – Grades 2/3 5:45-6:45 and Grades 4-6 6:45-7:45
Thursday, Jan 19 at Kelly Elementary – Grades 2/3 5:45-6:45 and Grades 4-6 6:45-7:45
Saturday, Jan 21 at Kelly Elementary – Grades 2/3 9:30-10:30 and Grades 4-6 10:45-11:45

Teams will be formed and Schedules distributed.

Tuesday, Jan 24 at Lake Agassiz Elementary – Scrimmage Games

Grades 2/3 6:00 Teams 1,2,3,4 and

6:45 Teams 5, 6

Grades 4/5/6 6:45 Teams 1, 2

7:30 Teams 3, 4

Thursday, Jan 26 at Kelly and YMCA. Team practices,

Darryl Marek

Y Sports Director (775-2586 ext 209)