

# Know **Your** Bones.



In partnership with Altru Family YMCA, Altru's Sanny & Jerry Ryan Center for Prevention & Genetics will offer free bone density PIXI screens and complementary nutrition education on:

---

**Thursday, May 16**

9 a.m. - 12 p.m.

---

Altru Family YMCA



**Altru**<sup>®</sup>  
HEALTH SYSTEM