

Spring YBL - April 18, 2017

Parents, Coaches, Players:

This year we will be trying something new with our Spring YBL program. The first three practices will consist of working in stations by grade level (1st-3rd or 4th-6th). Players will practice dribbling, passing, shooting, defense, etc. We will also practice two on two and three on three drills.

We will need volunteer coaches for each team. There are signup sheets if you can help coach (check with supervisor if you have any questions). Please help if you can. Having parents involved improves the experience for the players. Volunteer coaches will work with YMCA supervisors running stations on the next 3 practices either by running a station or assisting, depending on their comfort level. All volunteer coaches will be given coaching information and assistance during practices. **We are not going to stress running complicated plays. The focus will be on performing the basic skills during games.**

Again we will need coaches for each team to help teach basic skills in practice and organize players during games. Supervisors will be at gyms to help during practices but we do need your help! Look for signup sheet and talk to one of the supervisors. Please volunteer.

Practices

Tuesday, April 18 at Kelly Elementary and YMCA

Thursday, April 20 at the YMCA

Girls Grades 1-3 5:30-6:30, Boys 1-3 6:30-7:30 and All Grades 4-6 7:30-8:30

Tuesday, April 25 at Kelly Elementary

Girls Grades 1-3 5:30-6:30, Boys 1-3 6:30-7:30 and All Grades 4-6 7:30-8:30

Thursday, April 27 at Kelly Elementary (Will form teams and hand out remainder of schedule)

Girls Grades 1-3 5:30-6:30, Boys 1-3 6:30-7:30 and All Grades 4-6 7:30-8:30

Play Scrimmage/Games on May 2

Tuesday, May 2 at Kelly Elementary - Girls Grades 1-3 5:30-6:30, Boys 1-3 6:30-7:30

At Lake Agassiz – Girls Grades 4-6 6:00-7:00 Boys Grades 4-6 7:00-8:00

Darryl Marek

Y Sports Director 775-2586 ext 209