

**STARTS APRIL 4!**

# Healthy Living Through Art for Veterans



**Tuesdays: 6:00 - 8:00 pm**

**First Class: April 4, 2017**

**McElroy/Edwards Community Room**

**Altru Family YMCA**

**215 N 7th St | Downtown Grand Forks**

**FREE | ALL SUPPLIES PROVIDED**



**This class is designed to help Veterans explore their health and wellness through a variety of creative art experiences. This therapeutic activity can help participants asses their lives by exploring their current physical, emotional and spiritual well being.**

**Instructors: Kimberly Forness Wilson & Jolene Mikkelson**



**For details contact  
Patti McEnroe: 775-2586**