

FOR YOUTH DEVELOPMENT

Though the world may be unpredictable, one thing remains certain – the Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities.

FALL/WINTER SPORTS

September: Mighty Mite Basketball, Itty Bitty Soccer, Flag Football, Volleyball, Taekwondo.

October: Girls Basketball Grades 3-6, Mighty Mite Basketball, Itty Bitty Basketball, Taekwondo, Floor Hockey, Indoor Soccer and Happy Feet Soccer.

November: Itty Bitty Basketball, Taekwondo.

December: 3 on 3 Basketball Tournament, 4 on 4 Dodgeball Tournament

Coming in January: Youth Basketball Tournament (Grade 3-6), Boys Basketball, Mighty Mite Basketball, Itty Bitty Soccer, Youth Volleyball, Taekwondo.

When you sign up for our Y Youth Sports, you learn the basics, improve your skills and make new friends! Here at the Y, we make sure that every child gets to play and that our games are



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HAVING FUN AS A TEAM



Youth Sports Fall/Winter 2014
Altru Family YMCA

Flag Football

Sept 13-Oct 11 At Ulland Park
Grades 3-4 11:00-11:50
Grades 1-2 12:00-12:50

Itty Bitty Sports

Providing opportunities for the
littlest members of you family.
Introduction to sports.

Parent participation is needed.
Boys & Girls Ages 3-4
(Sessions also Jan, Feb, March,
April)

Soccer Sept. 9-30 (4 wks)
Tuesday Nights 6:00-6:40
Bringwatt Park (24th Ave S)

Basketball Oct 4-Oct 25 (4 wks)
Nov 1-Nov 22
Saturdays 9:00-9:40 am
9:45-10:25

Floor Hockey

Boys & Girls Saturdays
Oct. 25-Nov. 22
(Also Session in February)
Grade K-1 11:00-11:50 am

Soccer

Boys & Girls Saturdays
Oct. 25-Nov. 22
(Also Session in February)
Happy Feet: Ages 4-K 10-10:50
Indoor: Grades 1-4 9:00-9:50 a.m.

Mighty Mite Basketball

Sessions also in Jan & March
Sept. 20-Oct. 18
Boys: Saturday: **K-1st 9:00-9:50**
K-1st 10:00-10:50

Girls: Saturday: **K-1st 11:00-11:50**
Oct. 25-Nov 22
Boys K & 1 10:30-11:20
Girls K & 1 11:30-12:20

Coed Volleyball Clinic

Boys & Girls Saturdays
Sept 20-Oct 18
(Also Session in April)
Grade 2 & 3 10:30am- 11:20am
Grade 4/5/6 11:25am- 12:15pm

3 on 3 Basketball Tournament

Boys & Girls Grade 3-8
Dec 6 Team Fee: \$80
Deadline: Dec 2
(Register after 9/9/2014)

4 on 4 Dodgeball Tournament

Boys & Girls Grade 5-8
Dec 13 Team Fee: \$80
Deadline: Dec 9
(Register after 9/16/2014)

TaeKwondo

Tuesdays 6:30-8:00pm Ages 5-Adult

More Information

Youth Sport Jerseys are needed for
MM Basketball, Flag Football,
Soccer, and Floor Hockey.
Most Saturday sports consist of
1/2 skill practice and 1/2 game.

MAKE A DIFFERENCE! VOLUNTEER

The generosity of others is at the heart of the Y's existence as a nonprofit. It is only because of the support of volunteers and donors that we are able to support and give back to our community. Our YMCA's Youth Sports Program is looking for volunteer coaches and depend on them for the success of our programs. Please check below if you are interested or contact Darryl 775-2586.

YMCA Youth Sports Registration Form Fall/Winter 2014

Return this form with payment in full (including program and membership fees) to
YMCA at P.O. Box 13177, Grand Forks, ND 58208 Phone: 701.775-2586

Player's Name _____ Birth Date _____ Gender _____ Grade _____ School _____

Parent Name _____ Phone # _____ Email _____

Address: _____ Zip: _____

Session: Circle Which Sport Registering for:

TaeKwonDo	(Sept) (Oct) (Nov)	Mem \$30 Non \$40
Flag Football	(Sept 13-Oct 11)	Mem \$30 Non \$40
Mighty Mite Basketball	(Sept 20-Oct 18) (Oct 25-Nov 22)	Mem \$30 Non \$40
Coed Volleyball Clinic	(Sept 20-Oct 18)	Mem \$30 Non \$40
Itty Bitty Sports	(Soccer) (Sept 9-30)	Mem \$25 Non \$35
	(Basketball) (Oct 4-25) (Nov 1-22)	
Floor Hockey	(Oct. 25-Nov. 22)	Mem \$30 Non \$40
Happy Feet Soccer	(Oct. 25-Nov. 22)	Mem \$30 Non \$40
Indoor Soccer	(Oct. 25-Nov. 22)	

I agree that I and/or my child will cooperate and conform with the directions and instructions of the volunteers and staff involved in the program. I hereby give the YMCA permission to use their judgment in obtaining medical service for myself and/or my child.

Parent or Guardian _____

Volunteer Coach

Name: _____ **PH#** _____



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