

Altru YMCA Family Center Fall Leagues 2014 – 9/22/14– 12/10/14
Volleyball Social: Wednesday, 9/17/14, 7:00 pm
Registration & Roster Deadline 9/17/14

Come join the fun! The YMCA has volleyball leagues on Monday and Wednesday nights beginning September 22 and September 24. The social on Wednesday, 9/17/14, is a night for players to meet new people and have some fun – we'll have games going at different skill levels. It's a great way to meet other players if you're looking for a team and get some practice playing indoors before the leagues start.

The 9 week league begins the week of September 22 and ends with a tournament involving all teams with prizes for first and second place in every division.

There are several leagues so every skill level can have a good time.

Monday Night Power Leagues

3 person Power League - 3 person teams with any combination of men and women!

4 person Coed Power – for teams with strong volleyball skills and experience.

Wednesday Night Leagues

6 person Coed Recreation – for beginners learning the game.

6 person Coed Intermediate Level – for those who have good ball control and some advanced skills.

General Info:

Each league has a different level of play. We offer a 3 person, 4 person and 6 person leagues. Individual players can only play on 1 team per league. Subs cannot be used if they are regular players on another team in the same league. 6 person teams can have up to 10 players on their roster, 4 person teams can have up to 7 players on their roster, 3 person teams can have up to 6 players on their roster. The cost for each team is \$150 for a 6 person league and \$100 for a 4 person league, \$75 for a 3 person league. Payment is due with roster by September 17. There is a \$15.00 late fee if payment is not received by due date.

A complete game schedule will be distributed the first night of play. Sign-up deadline is Wednesday, September 17. Leagues spots are limited so sign up early! Rosters can be dropped off or mailed to the YMCA at 215 7th Street North, Grand Forks, ND 58203.

Don't have a team? Then come to the YMCA Volleyball Social on Wednesday, September 10th, beginning at 7 pm. There will be open games of volleyball at various skill levels – jump in and meet some new people!

For more information, contact Erin Erickson, Volleyball Coordinator at 701-330-0912 or erockvb@hotmail.com or Darryl Marek, Sports Director at the YMCA 775-2586 ext 209.

A registration form is on back of this flyer.

Altru YMCA Family Center
VOLLEYBALL LEAGUE
Fall Leagues 2014: 9/22/14-12/10/14

League: Power League(3 Person) _____ Coed Power (4 person)_____

Coed Recreation (6 person)_____ Coed Intermediate (6 person)_____

Team Captain: _____ Email: _____

Phone# _____ Team Name:_____

ENTRY FEE IS TO BE PAID AT TIME OF REGISTRATION. IF YOU HAVE A SPONSOR THAT HAS AGREED TO PAY FEE PLEASE SPECIFY THAT ON THE BOTTOM OF THIS FORM.

Return registrations to: YMCA – 215 North 7th Street, Grand Forks, ND 58203. For information call 775-2586.

Entry Fee of \$150 for 6 person league, \$100 for 4 person league, \$75 for 3 person league due at time of registration.

Registrations due by Wednesday, September 17, 2014.

<u>Player's Name</u>	<u>Email Address</u>	<u>Phone Numbers</u>	<u>M/F</u>	<u>Shirt Size</u>
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