

FOR YOUTH DEVELOPMENT

Though the world may be unpredictable, one thing remains certain – the Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities.

Y SPORTS

September: Mighty Mite Basketball, Itty Bitty Soccer, Flag Football, Volleyball, TaeKwonDo.

October: Girls Basketball, Mighty Mite Basketball, Itty Bitty Basketball, TaeKwonDo.

November: Indoor Soccer, Happy Feet Soccer, Itty Bitty Basketball, Floor Hockey, TaeKwonDo.

January: Youth Basketball Tournament Boys Basketball, Mighty Mite Basketball, Itty Bitty Soccer, Youth Volleyball, TaeKwonDo.

February: Floor Hockey, Soccer, TaeKwonDo, Itty Bitty Basketball.

March: Mighty Mite Basketball, Itty Bitty Whiffleball, Volleyball, TaeKwonDo.

April: Youth Basketball (Gr 2-6), Itty Bitty Soccer, T-Ball, TaeKwonDo.

When you sign up for our Y Youth Sports, you learn the basics, improve your skills and make new friends! Here at the Y, we make sure that every child gets to play and that our games are safe, fair and most of all, fun.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HAVING FUN AS A TEAM



Youth Sports Winter/Spring 2014
Altru Family YMCA

T-Ball (Ages 5-6)

Boys & Girls Saturdays
 April 26-May 24
 11:00-11:50 Apollo Park
 \$30/Members \$40/Participants

Floor Hockey

Boys & Girls Saturdays
 Feb. 22-March 22
 Grade K-1 11:00-11:50 am
 Grade 2-4 11:00-11:50 p.m.
 \$30/Members \$40/Participant

Itty Bitty Sports

Providing opportunities for the
 littlest members of you family.
 Introduction to sports.
 Boys & Girls Ages 3-4

Soccer Jan 18-Feb 8 (4 wks)

Saturdays 9:00-9:40 am
 9:50-10:30 am
 Wednesdays April 23-May 14
 6:00-6:40 pm (Bringwatt Park)

Basketball Feb 15-March 8

Saturdays 9:00-9:40 am
 9:50-10:30 am

Whiffle Ball March 15-April 12

Saturdays 9:00-9:40 am
 9:50-10:30 am

Soccer April 23-May 14

Wednesdays 6:00-6:40 pm
 Bringwatt Park
 \$25/Members \$32/Participant

Parent participation is required.

Mighty Mite Basketball

Boys & Girls K & 1
 Boys: Saturday: **K 11:00-11:50**
1st 10:00-10:50
 Girls: Saturday **K&1 9:00-9:50**
 \$30/Members \$40/Participant

Sessions

Jan 18-Feb 15
 March 29-May 3

Coed Volleyball Clinic

Boys & Girls Saturdays
 March 29– May 3
 Grade 2 & 3 11:10am– 12:00
 Grade 4/5/6 12:10pm– 1:00pm
 \$30/Members \$40/Participant

● Volunteer Coaches are needed for Y Sports. ●
 ● For more information call 775-2586 ●

Soccer

Boys & Girls Saturdays
 Feb 22-March 22
 Happy Feet: Ages 4-K 10-10:50
 Indoor: Grades 1-4 9:00-9:50 a.m.
 \$30/Members \$40/Participant

TaeKwondo

Tuesdays 6:30-8:00 Ages 5-Adult

More Information

Youth Sport Jerseys are needed for
 MM Basketball, Flag Football,
 Soccer, and Floor Hockey.
 Most Saturday sports consist of
 1/2 skill practice and 1/2 game.
 Scholarships are available for these
 youth sports, forms must
 be filled out and returned for
 approval. For information call
 775-2586.

MAKE A DIFFERENCE! VOLUNTEER

The generosity of others is at the heart of the Y's existence as a non-profit. It is only because of the support of volunteers and donors that we are able to support and give back to our community. Our YMCA's Youth Sports Program is looking for volunteer coaches and depend on them for the success of our programs. Please check below if you are interested or contact Darryl Marek for more information. <http://training.ymca.net/>

YMCA Youth Sports Registration Form Fall/Winter 2013

Return this form with payment in full (including program and membership fees) to
 YMCA at P.O. Box 13177, Grand Forks, ND 58208 Phone: 701.775-2586

 Player's Name Birth Date Gender Grade School

 Parent Name Phone # Email

Address: _____ Zip: _____

Session: Circle Which Sport Registering for
TaeKwonDo (Jan) (Feb) (March) (April) (May)

Mighty Mite Basketball (Jan 18-Feb 5) (March 29-May 3)

Coed Volleyball Clinic (March 29-May 3)

Itty Bitty Sports (Soccer) (Jan 18-Feb 8) (April 23-May 14) - (6:00)
 (Basketball) (Feb 15-March 5)
 (Whiffle Ball) (March 15-April 12)
Circle: 9:00-9:40 or 9:50-10:30

Floor Hockey (Feb 22-March 22)

Happy Feet Soccer (Feb 22-March 22)

Indoor Soccer (Feb 22-March 23)

I agree that I and/or my child will cooperate and conform with the directions and instructions of the volunteers and staff involved in the program. I hereby give the YMCA permission to use their judgment in obtaining medical service for myself and/or my child.

Parent or Guardian _____

I am interested in being a Volunteer Coach

Name _____ **Phone** _____



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