

TAKE THE **Zumba Challenge!!**

**STARTS
JAN 2**



Located in the Group Ex (Purple) Studio, you will find a black card file box with the “Zumba” Logo on it. If you would like to participate, simply take an index card, write your name and the month on the top of the card, and file it alphabetically in the card file. When you attend each Zumba class, write the date on the card. Each class you attend awards you 1 point. If you BRING A FRIEND, you earn 3 points each time you bring a friend to our Zumba classes! Feel free to take a Zumba Class Pass or ask an instructor to provide you with one.

We will be awarding monthly prizes for the participant who has the most points each month. In addition, we will be doing a larger prize drawing for the top 3 participants after 3 months, beginning in March.

Class Schedule (effective Jan 2):

Tuesdays at 5:35

Thursdays at 5:35

Saturdays at 9:45

Don't forget to join our Grand Forks YMCA Zumba and FreeStyle Barre Facebook group to get updates on points standings and to connect with other participants!

