



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Home School PE

The Altru Family YMCA offers a unique Physical Education Program for Home School families. The program is designed for kids to experience a wide variety of sports and activities throughout each semester. Students will learn fundamental skills, rules to games/sports, and ways to live a healthy life while instilling the YMCA Core Values of Caring, Honesty, Respect, and Responsibility.

Cost:

Each semester: \$30 per child + \$20 for any additional siblings

Registration:

Registration is required and payment is due when registering. *Scholarships are available*

Ages:

5-17 years old

Semester Times:

7 week semesters

October 12th -November 23rd

Wednesdays 2:00-3:00pm



Weeks	Semester 1 (7 weeks)
1-2	Basketball
3-4	Hockey
5-6	Non-Traditional Sports (Variety)
7	Swimming Party (10)
Additional Activities ages 10+)	Weight room Certified, Group Fitness Classes